

“We are proud to be massage therapist’s best source for Continuing Education”

About the Instructor:



Ed is a massage educator dedicated to increasing awareness of the benefits of energetic wellness techniques. He developed this system after years of studying the energy systems of the body as taught by the ancient philosophies.

We offer expert instruction approved by:

NCBTMB # 451838-12

Florida CeBroker # 50-13393

Pa Lic # MSG002013



Myofascial Release of the Neck and Shoulders: \$150 The student will learn how to perform MFR on all the muscles that control the Back, neck and shoulders. We will discuss the muscles involved and the specific locations where to apply the technique. It teaches the therapist the anatomy, properties and function of fascia and how to manipulate it to break up adhesions, scar tissue and increase range. **6 ce hours**

Myofascial Release of the Hips and Knees: \$150 The student will learn how to perform MFR on all the muscles that control the hips, knees and ankles. We will discuss the muscles involved and the specific locations where to apply the technique. **6 ce hours**

Hot Stone Massage: \$135 The student will learn the proper way to perform this modality. We will discuss contraindication, pathologies that would be contraindicated as well as learning the benefits and indications of a hot stone treatment. **4 ce hours**



Neuromuscular Therapy of the Hips and Knees: \$150 The student will learn how to perform NMT on all the muscles that control the hips, knees and ankles. We will discuss the muscles involved and the specific locations where to apply the technique. **6 ce hours**

Neuromuscular therapy of the Neck and Shoulders: \$150 The student will learn how to perform NMT on all the muscles that control the Back, neck and shoulders. We will discuss the muscles involved and the specific locations where to apply the technique. **6 ce hours**

Effective Techniques for the rotator Cuff: \$150 The student will learn how to effectively assist someone with most shoulder injuries, including rotator cuff issues. We will discuss the muscles involved in all movements of the shoulders. It teaches the therapist the anatomy, properties and function of fascia and how to manipulate it to break up adhesions, scar tissue and increase range. **6 ce hours**



**For Workshop Information,
contact:**

**Just This Side Of Heaven Massage
10228 Clark St Phila Pa 19116
www.EdPortleyJr.com**

267-269-7388

Other available classes include:
Prenatal, Reiki 1, 2 and 3, Ethics,
And Cpr/Aed/First Aid

How to Register for a Class:

- 1) You MUST register for a class. Go to www.EdPortleyJr.com/courses or call to register.
- 2) There are 3 options to pay:
 - a) Go to www.EdPortleyJr.com/topay-for-a-class to pay for a class using Paypal
 - b) Call 267-269-7388 to pay with a credit card, Visa, MC, AMEX and Discover
 - c) Mail a check or money order to 10228 Clark St Phila Pa 19116 made payable to "Just This Side Of Heaven"
If you have any questions, call the office.

We also offer onsite workshops at your location.

To view workshop dates and locations please visit us online at www.EdPortleyJr.com/Courses



Just This Side Of Heaven Massage and Continuing Education



Applications of Energy Techniques: \$150

Have you ever wanted to learn more about energy? Have you ever wanted to help someone using energetic techniques? Do you want to know how to read a person's energy with absolute accuracy?

Come to this class and you will leave having accomplished all these! This is a 2 day workshop; both days are 5 hours long with a 45 minute lunch break. Lunch is on your own. This class teaches how to get to the ROOT CAUSE of physical pain.

This class is like NO OTHER class you ever attended. The student will learn a revolutionary new method of application of metaphysical principles. You will discover in depth information on Traditional Chinese Medicine and how to read a person's body with ultimate accuracy.

You will learn how to perform an emotional release technique which will help relieve pain, discomfort and give that person more range of motion. You will also learn how to balance the chakras using a pendulum and various energy techniques. **9 ce hours!**



WWW.EdPortleyJr.com